

A new and great foolishness: Standardization of homeopathy

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Abstract

The idea of standardization of homeopathy is another poorly inspired one, that adds to many harmful others, suffocating a highly effective method with inert and useless ballast. With the homeopathic drug as tool, from the point of view of this instrument, classical homeopathy is quasi-scientific and incomplete, therefore standardization may not have a valid target.

Keywords: Homeopathy, standardization

Rezumat

Ideea standardizării homeopatiei este încă una rău inspirată, care se adaugă multor altora, nefaste, sufocând o metodă extrem de eficientă cu un balast inert și inutil. Având ca instrument de lucru medicamentul homeopat, din punctul de vedere al acestui instrument, homeopatia clasică este semiștiințifică și incompletă, astfel încât standardizarea nu poate avea un obiectiv valabil.

Cuvinte cheie: Homeopatie, standardizare

INTRODUCTION

In the past 200 years, in the field of drug therapy (pharmacotherapy), the two existing therapeutic methods, allopathy and homeopathy started together from the same original source, medicinal

plants, but had completely different developments.

Gradually, allopathy dropped most of the medicinal plant remedies and has opted for drugs obtained through organic

chemical synthesis. Currently, over three quarters of pharmacotherapy and groups of several thousand allopathic drugs were introduced in therapy in the past 50-60 years.

In contrast, homeopathy persisted using plants ever since the beginning, and brought in just few other plants over the years, the latter having a restricted use.

The differences do not stop there. Allopathy, heavily using the science of the allopathic drug, pharmacology, determined with great accuracy the spectrum of activity for each substance, with precise therapeutic indications and accurate dose-effect relationships. Homeopathy, lacking the science of the homeopathic drug, relies its therapeutic indications on the substances' provings, that are derived from quasi-scientific research and which is known that only 20% have reliability. And dose-effect relationships have not been established scientifically for most homeopathic medicines.

Allopathic treatment guidelines

Given the sharp rise of the number of allopathic medicines, the logical need to harmonize treatments schemes was felt. They materialized in the form of therapeutic guidelines, prepared by specialists from different countries. Obviously, the guidelines were based on the state of knowing the spectrum of action of drugs, pharmacotherapy data and dose-effect relationships.

Standardising homeopathy?!

Logic and common sense dictate that a good therapeutic method is

individualized. Homeopathy, unlike allopathy, is an individualized therapeutic approach because of its fundamental law, similitude. In these circumstances, it is clear from the start that standardization is an absurdity. Further more, standardization implies the existence of specific, well known and well dimensioned features of the standardized element. In the case of homeopathy, this item is the homeopathic drug. I do not know if the homeopathic standardization idea was inspired by the existing allopathic treatment guidelines, but I know that therapy, the homeopathic drug, as it is known in classical homeopathy, has at least two profoundly negative components, which contributes greatly to the lack of success: reliability for maximum 20% of provings and the lack of the knowledge of the dose-effects relationship. In the absence of these two essential elements on homeopathic medicine, what should be standardized?

No matter how good the intentions of those who conceived and initiated work on standardization of homeopathy, I appreciate that in the best case, they can be regarded as the fruit of ignorance and thus of irresponsibility.

If there are people, doctors, homeopaths or lay people in good faith and eager to serve humanity's health, I invite them to inform and convince themselves that mankind is in a very urgent need for a modern, scientific homeopathy, and that this can be achieved only by consistent building and application of homeopathic pharmacology.